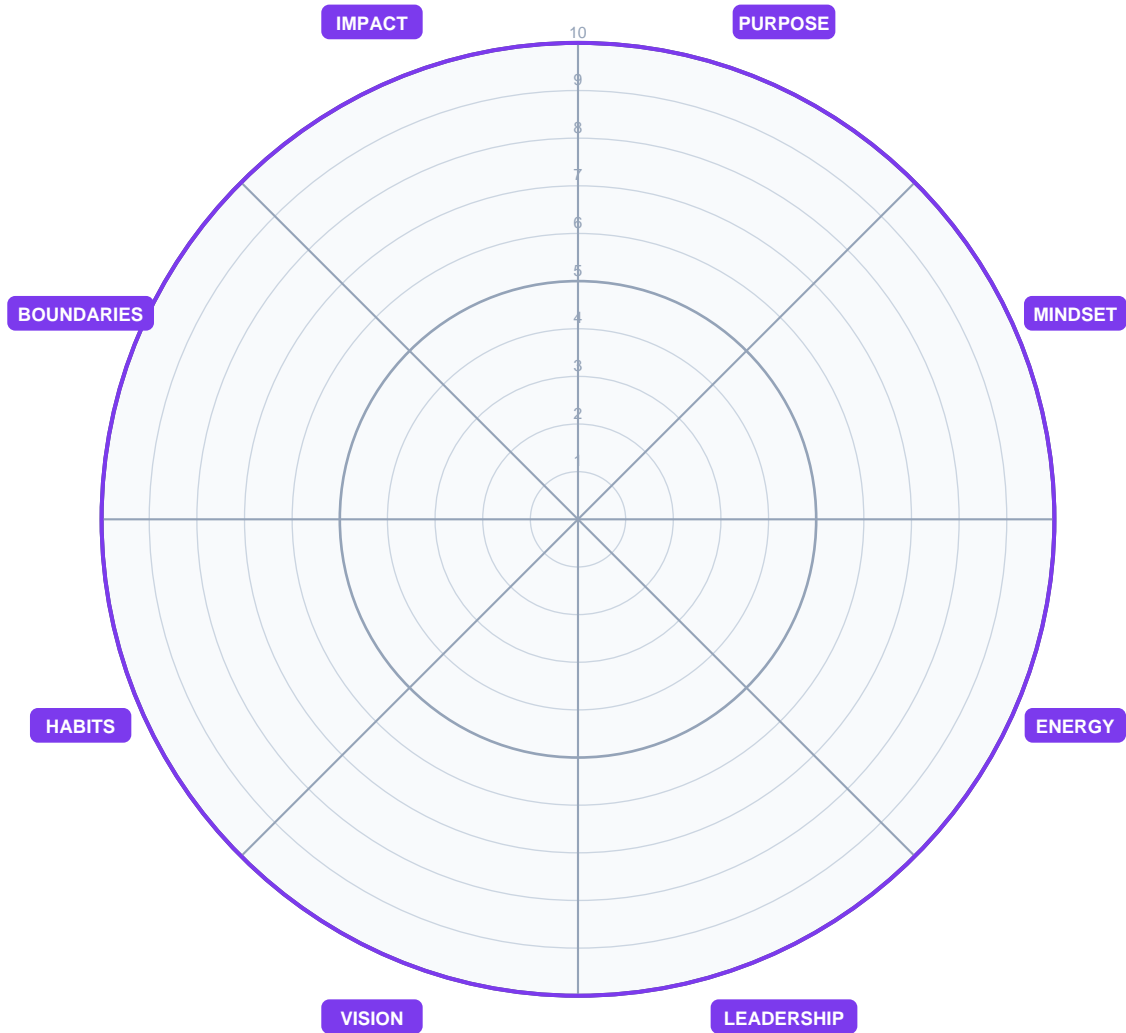


Coaching Wheel

Coaching self-assessment - rate each dimension 1-10



Rate each area 1 (centre) to 10 (outer ring). Shade from centre out to your score.
Connect the shaded points to see your life balance at a glance.

SCORE TABLE

Purpose	Mindset	Energy	Leadership	Vision	Habits	Boundaries	Impact
—	—	—	—	—	—	—	—